

TRACEN Petaluma Haley Hall Dining Facility

3/16/26 - 3/22/26

6	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS BREAKFAST LATKES WAFFLES W/ BUTTER & SYRUP SPINACH QUICHE	VARIABLES 110 VARIABLES VARIABLES 78 151 180 210 151 / 120 320	CHICKEN AND RICE SOUP SEARED SALMON PAPRIKASH CHICKEN RICE PILAF SCALLOPED POTATOES GRILLED EGGPLANT SAUTEED BRUSSEL SPROUTS <u>PLATED ALTERNATIVE</u> GRILLED CHICKEN W/ QUINOA SALAD (VEGETARIAN ALT.)	220 220 300 200 120 120 30 295	KOREAN SPICY PORK LO MEIN NOODLES CALROSE RICE STEAMED EDAMAME SWEET CHILI BOK CHOY	350 214 325 150 77
T U E S D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CRISPY BACON PORK SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIABLES 158 VARIABLES VARIABLES 78 192 180 151 195 / 120 210	MEXICAN STREET CORN SOUP CHIPOTLE CHICKEN PORK CARNITAS W/ TORTILLAS FRIJOLES DE OLLA CILANTRO LIME RICE ELOTE ASADO (CORN) COTIJA ROASTED MEXICAN VEGETABLES TOPPINGS BAR <u>PLATED ALTERNATIVE</u> NACHO BAR	110 275 300 180 211 302 110 VARIABLES 350	SLOW-COOKED CORNED BEEF COLCANNON BOILED CABBAGE ROASTED ROOT VEGETABLES IRISH SODA BREAD	350 200 120 140 150
W E D N E S D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS GRILLED SPAM / CORNED BEEF HASH HOME FRIES BLUEBERRY PANCAKE JASMINE RICE BUTTER & SYRUP	VARIABLES 142 VARIABLES VARIABLES 78 180 110 210 105 120	COCONUT LENTIL SOUP JAMAICAN BEEF STEW JERK CHICKEN STEAMED JASMINE RICE RASTA PASTA CARIBBEAN BLEND VEGETABLES TANGY KALE NAAN BREAD <u>PLATED ALTERNATIVE</u> CHICKEN SATAY SALAD BOWL	300 450 335 165 298 50 35 80 455	BLACKENED CHICKEN W/ CREOLE SAUCE STEAMED WHITE RICE GARLIC BUTTERED LINGUINI CARROT ALMONDINE ROASTED ASPARAGUS JALEPENO CHEDDAR CORNBREAD	395 280 241 41 121 210
T H U R S D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CRISPY BACON SAUSAGE HOT LINKS GOLDEN HASH BROWN PATTIES PANCAKES W/ BUTTER & SYRUP BREAKFAST SANDWICHES	VARIABLES 110 VARIABLES VARIABLES 78 192 195 251 210 / 120 320	CREAMY PESTO CHICKEN AND GNOCCHI SOUP GRILLED CHICKEN W/ LEMON & GARLIC BUTTER SHRIMP SCAMPI HERBED PASTA WILD MUSHROOM RISOTTO ROASTED CAULIFLOWER ITALIAN BLEND VEGETABLES GARLIC BREAD <u>PLATED ALTERNATIVE</u> BIMBAP (VEGETARIAN ALT.)	310 380 275 367 289 110 85 78 385	GRILLED PORK TENDERLOIN CILANTRO RICE PATATAS BRAVAS BROCCOLINI W/ LEMON CRUMBS RAINBOW BABY CARROTS FRENCH BREAD	350 225 214 110 150 77
F R I D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIABLES 158 VARIABLES VARIABLES 78 180 151 210 195 / 120 320	SEAFOOD CHOWDER CATCH OF THE DAY GRILLED NY STRIP RISSOLE POTATOES HERBED SAFFRON RICE CANDIED GINGER ROOT VEGETABLES YELLOW SQUASH PROVENCAL STEAMED CRAB LEGS	410 VARIABLES 704 242 230 100 55 VARIABLES VARIABLES	ALICE SPRING CHICKEN RICE PILAF LOADED MASHED POTATOES CREAMED SPINACH BRAISED BRUSSEL SPROUTS HOT DINNER ROLLS	310 180 400 186 160 80
S A T U R D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS PANCAKES W/ BUTTER & SYRUP	VARIABLES 142 VARIABLES VARIABLES 78 92 / 180 151 210 / 120	EGGS & OMELETS TO ORDER CORNED BEEF HASH / PORK SAUSAGE LINKS PANCAKES W/ BUTTER & SYRUP TURKEY & PROVOLONE SANDWICH HERBED LEMON GARLIC ROASTED POTATOES ROASTED VEGETABLES	365 260 210 / 120 210 105 98	OVEN FRIED CHICKEN BROWN GRAVY APPLE CRANBERRY STUFFING MACARONI & CHEESE STEAMED GREEN BEANS CHEDDAR BISCUITS	326 260 325 290 80 260
S U N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS PORK SAUSAGE LINKS TURKEY SAUSAGE LINKS HOME FRIES WAFFLES W/ BUTTER & SYRUP	VARIABLES 110 VARIABLES VARIABLES 78 180 145 151 151 / 120	EGGS & OMELETS TO ORDER TURKEY SAUSAGE LINK / PORK SAUSAGE LINKS WAFFLES W/ BUTTER & SYRUP GRILLED HAM & CHEESE W/ TOMATO SOUP TATER TOTS MALIBU BLEND VEGETABLES	VARIABLES 320 / 180 151 / 120 350 165 132	BEEF STEW BUTTERED EGG NOODLES STEAMED WHITE RICE STEAMED BROCCOLI BRAISED BRUSSEL SPROUTS HOT DINNER ROLLS	320 120 215 98 45 180

Week 6

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:	Reviewed By:	Approved By:
CSC E. S. Sanchez Dining Facility Supervisor	CSCS N. E. Mogan Food Service Officer	Captain J. D. Burch Commanding Officer